

Massage Therapy (A.A.S.)

Curriculum Code: 1342

Semester Hours Required for Graduation: 65

PROGRAM GOALS:

This program prepares students for a career in massage therapy. It meets and exceeds the NYS requirements to sit for the licensing exam.

Science with a course grade of 75 or better within five years of beginning Anatomy & Physiology or any college level Biology or Chemistry Lab Science with a course grade of C or better within the last ten years.)

PROGRAM OUTCOMES:

- Research medical and lifestyle conditions in Eastern and Western paradigms.
- Evaluate, interpret, and apply changes in treatment plans.
- Compare and apply principles to allopathic and conventional medicine with Traditional Chinese Medicine.
- Demonstrate an ability to learn independently through the use of session reports.
- Identify target markets to develop a client base.
- Gain ability to record client information and dialogue with clients.
- Create a Business Plan for a Massage practice.

ACADEMIC PREPARATION:

12th-grade reading level is required. (A score of 80 or higher on the placement exam is required.)

Competency in mathematics fundamentals is required. Elementary Algebra is recommended.

Readiness to enter EN 101 Composition (A score of 70 or higher on the placement test is required.)

Readiness to enter BI 130 Anatomy & Physiology I (High School Regents level

LIBERAL ARTS REQUIREMENTS

25 Semester Hours

EN 101	Composition	3
EN 102	Composition and Literature	3
BI 130	Anatomy & Physiology I	4
HE 201	First Aid and Safety	3
HU ELE	Humanities Elective	3
MA ELE	Mathematics Elective	3
PY 101	General Psychology	3
SL ELE	Social Science Elective	3

PROGRAM REQUIREMENTS

40 Semester Hours

AH 105	Introduction to Eastern Anatomy & Physiology	3
BI 131	Anatomy & Physiology II	4
BI 134	Myology & Kinesiology I	3
BI 135	Myology & Kinesiology II	3
BI 234	Neurology	4
MT 101	Western Massage I	4
MT 102	Western Massage II	2
MT 110	Eastern Massage	2
MT 201	Western Medical Massage	4
MT 210	Eastern Medical Massage	4
MT 220	Massage Clinical I	2
MT 222	Massage Clinical II	2
MT 230	Massage Seminar	3

Grand Total **65**

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SUGGESTED PROGRAM SEQUENCE

1st Semester

AH 105	Introduction to Eastern Anatomy & Physiology	3
BI 130	Anatomy & Physiology I	4
BI 134	Myology & Kinesiology I	3
EN 101	Composition	3
MT 101	Western Massage I	4
Total		17

2nd Semester

BI 131	Anatomy & Physiology II	4
BI 135	Myology & Kinesiology II	3
EN 102	Composition and Literature	3
MT 102	Western Massage II	2
MT 110	Eastern Massage	2
PY 101	General Psychology	3
Total		17

3rd Semester

BI 234	Neurology	4
HE 201	First Aid & Safety	3
MT 201	Western Medical Massage	4
MT 210	Eastern Medical Massage	4
MT 220	Massage Clinical I	2
Total		17

4th Semester

HU ELE	Humanities Elective	3
MA ELE	Mathematics Elective	3
MT 222	Massage Clinical II	2
MT 230	Massage Seminar	3
SL ELE	Social Science Elective	3
Total		14