

Massage Therapy (Certificate)

Curriculum Code: 2151

Semester Hours Required for Graduation: 47

PROGRAM GOALS:

This program is designed to prepare individuals for a career in Massage Therapy. This program offers another opportunity to provide vocational, technical & lifelong learning for all. For those who come with a degree and are not looking for an associate's degree but a career change, it will allow the college to accommodate the schedule of a returning student by reducing the number of credit hours while still allowing a graduate to sit for the licensing examination in Massage Therapy.

PROGRAM OUTCOMES:

- Research medical and lifestyle conditions in Eastern and Western paradigms.
- Evaluate, interpret, and apply changes in treatment plans.
- Compare and apply principles to allopathic and conventional medicine with Traditional Chinese Medicine.
- Demonstrate an ability to learn independently through the use of session reports.
- Identify target markets to develop a client base.
- Gain ability to record client information and dialogue with clients.
- Create a Business Plan for a Massage practice.

ACADEMIC PREPARATION:

12th-grade reading level is required. (A score of 80 or higher on the placement exam is required.)

Competency in mathematics fundamentals is required. Elementary Algebra is recommended.

Readiness to enter EN 101 Composition (A score of 70 or higher on the placement test is required.)

Readiness to enter BI 130 Anatomy & Physiology I (High School Regents level Science with a course grade of 75 or better within five years of beginning Anatomy & Physiology or any college level Biology or Chemistry Lab Science with a course grade of C or better within the last ten years.)

LIBERAL ARTS REQUIREMENTS

0 Semester Hours

PROGRAM REQUIREMENTS

47 Semester Hours

AH 105	Introduction to Eastern Anatomy & Physiology	3
BI 130	Anatomy & Physiology I	4
BI 131	Anatomy & Physiology II	4
BI 134	Myology & Kinesiology I	3
BI 135	Myology & Kinesiology II	3
BI 234	Neurology	4
HE 201	First Aid and Safety	3
MT 101	Western Massage I	4
MT 102	Western Massage II	2
MT 110	Eastern Massage	2
MT 201	Western Medical Massage	4
MT 210	Eastern Medical Massage	4
MT 220	Massage Clinical I	2
MT 222	Massage Clinical II	2
MT 230	Massage Seminar	3
Grand Total		47

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SUGGESTED PROGRAM SEQUENCE

1st Semester

AH 105	Introduction to Eastern Anatomy & Physiology	3
BI 130	Anatomy & Physiology I	4
BI 134	Myology & Kinesiology I	3
MT 101	Western Massage I	4
Total		14

2nd Semester

BI 131	Anatomy & Physiology II	4
BI 135	Myology & Kinesiology II	3
MT 102	Western Massage II	2
MT 110	Eastern Massage	2
Total		11

3rd Semester

BI 234	Neurology	4
MT 201	Western Medical Massage	4
MT 210	Eastern Medical Massage	4
MT 220	Massage Clinical I	2
Total		14

4th Semester

HE 201	First Aid & Safety	3
MT 222	Massage Clinical II	2
MT 230	Massage Seminar	3
Total		8